

Power of Attorney (POA)

When is it time to call for help?

You've been managing your money, your accounts, your bills – everything, since you were young. Are you confident in your ability to continue? Are you wondering if you will be able to continue to manage on your own? Maybe you know someone who has hung on too long and made some big mistakes!

We don't want that to be you! Yet, it might be hard to know when you may need some help in this area. In order to decide if it's time to reach out, go over this check list with a close friend or family member. We've created the following list to help you decide if it is time for some help:



- I can't remember which bills I should pay from month to month.
- I've forgotten important appointments – either the time or place or both.
- I can't really remember the amounts of my investments and where they all are. I sometimes get confused about what a TFSA, or RRIF does.
- I have a hard time saying "no" to people or organizations who ask me for money.
- I am going through a lot of cash and I'm not sure where it's all going.
- From time to time, I enter a lot of contests or visit the casino where it costs me too much.
- I am on medications which can make me feel drowsy or cloud my thinking.
- I have a physical impairment such as hearing or sight loss which now makes clear communication about business matters difficult.
- I have car accidents I never used to have.
- I have been known to neglect my physical appearance when I never used to.

If even one or two of these issues are showing up, it is time to talk to your POA about how they might be of help. We can all get to a place where it is more risky to try to do things on our own than to allow a caring, capable person to look out for us.

If you don't have a POA call Amity Trust. We can help you appoint someone or we can even serve as property attorney to manage your accounts and financial matters for a nominal cost. We want you to feel confident that you are in good hands.